



**Pre-Operative Instructions**  
**Outpatient Surgery under Intravenous Sedation (IV)**  
Kings Highway Oral & Maxillofacial Surgery  
1610 East 19<sup>th</sup> Street, Brooklyn, NY 11229

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The following guidelines must be followed by patients scheduled for outpatient surgery under intravenous sedation.

The patient must be seen by Dr. Saar Amrani pre-operatively to evaluate the patient's medical status, examine the patient's oral condition, discuss the indications, risks, determine the choice of anesthetic and speak with Administrative Staff regarding fees.

The patient must not take any solid food or fluids of any kind (*not even water!*) after midnight the night before your surgery.

If medications were given to you by our Office Surgical Staff or Dr. Saar Amrani, please take as directed with only a sip of water.

If you presently take medication for any medical condition, please take as directed with only a sip of water.

The patient must be accompanied by a responsible adult who will arrive with the patient, remain with the patient, and drive the patient home or escort them to their doorstep (*if taking a cab or bus*) after discharge following surgery.

Eye and facial make-up, lipstick, nail polish, etc. should not to be worn.

Contact lenses, wigs, hairpieces, and false eyelashes are recommended to be removed prior to entering the operating room.

Patients are recommended to dress comfortably, sweatpants, sweatshirt, slacks, and sneakers.

No smoking or use of tobacco on the morning of surgery or prior to your appointment.

If symptoms of a common cold (*sore throat, runny nose, fever, chills or cough*) or other illness develop prior to the day of surgery, please notify our Office immediately so Dr. Amrani may be aware and we can advise you accordingly.

It is recommended to arrive 15 minutes early to your appointment if you are having same day surgery. This will allow you time to review and sign consent forms, and ask Dr. Amrani any last minute questions you may have.

**NOTE:** Outpatient Surgery is scheduled as a convenience and economic saving for our patients to avoid the added cost of hospitalization. Failure to follow these directions jeopardizes the safety of the patient under Intravenous Sedation (IV).